

MVAL

# Art & the Artist

January 2024

Newsletter for the Mid-Valley Arts League



Michi Ikeda

**Happy New Year!**

**Demonstration - Catherine Tirr**

**MID-VALLEY ARTS LEAGUE  
2023 - 2024  
BOARD OFFICERS**

President ----- John Byram  
First Vice President (Programs)  
----- Elana Goldheimer  
Second Vice President  
(Membership) ----- Mary Archibald  
Third Vice President  
(Exhibits) ----- Dilmit Singh  
Treasurer -----  
Recording Secretary  
----- Monica Homer  
Corresponding Secretary  
----- Pam McGuern  
Parliamentarian -----

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Membership in MVAL:  
Membership is open to artists and art lovers  
of all levels.  
If you are interested in membership  
contact:  
Mary Archibald  
archibald.m@gmail.com

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WEBSITE:  
Midvalleyartsleague.org  
or MVAL.org  
Website Editor: Jennifer Zapp

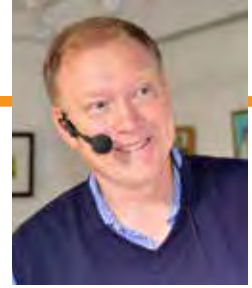
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Art & the Artist Editor:  
Joyce Nunamaker

All articles and announcements  
to be included in the  
Art & the Artist may be sent to:  
253 Windsong Court  
Azusa, CA 91702  
626-334-1646  
E-mail: janunamaker@verizon.net

Deadline is the first Wednesday of the  
month. If you have an event that takes  
place in the first half of the month - be  
sure to get it in the month before.

## PRESIDENT'S MESSAGE



Happy New Year!

Well artists, a New Year is like a piece of white paper — or a blank canvas — and the brush is in your hand. What strokes are you going to make in the coming year? The magic is that you have a brand new year and a brand new opportunity to create the art of your dreams.

Speaking of new changes, the Board is seeking to hold our Members' Exhibition in-person and hung at a gallery this year. I wanted to again thank Betty Redmond, Dilmit Singh, Jeanne Windoffer and Jennifer Zapp for making the on-line version such an inspiring delight over the last years. A prospectus for the new show to come....

As far as housekeeping, MVAL will be addressing seating a Board of Directors and Officers before our summer hiatus. A consistent set of Standing Rules will also need to be adopted, so stay tuned.

The Board has also authorized paying for a bookkeeper. MVAL is still in need of someone to present reports and undertake the remaining Treasurer's duties for the organization. If you're an organized soul and think you can help, please let me know.

Wasn't the duo demonstration at our December meeting by Kate McDaniel and Lynne Fearman just wonderful? It's so fun to watch beautiful pieces emerging in different styles and different media — both emphasizing the effects of light!

As far as January is concerned, a spectacular artist, Catherine Tirr, will be the demonstrator. She works in acrylics, watercolor and oil ... a real "don't miss."

I am also looking forward to seeing the Art of the Month, which is back for January, so please bring a matted piece.

See you all at the meeting!

**John Byram**  
*MVAL President*

## MEETING DATES

### JANUARY GENERAL MEETING

### **IN PERSON and ZOOM MEETING**

January 17th, 2024 - 7:30 PM  
Church of the Good Shepherd  
400 W. Duarte Rd., Arcadia, CA 91007-6819

### FEBRUARY BOARD MEETING

February 7th, 2024 - 7:00 PM  
Virtual Meeting via Zoom.\_



# JANUARY DEMONSTRATION

## CATHERINE TIRR

"I will make a landscape painting into a bold and simplified abstract painting. I have developed a style using liquid acrylics and plan to squeegee the paint over an acrylic under painting. Value, texture and colour all play a part as I create contrast between figure and ground."

Catherine Tirr was born in England and studied fine art at Chelsea School of Art and design in London. She was awarded the Stowells Trophy at London's Royal Academy of Art, in London, and relocated to the U.S. on a scholarship to Cranbrook Art Academy, Michigan.

By 1983 her work had been shown at many Detroit area galleries, including a solo show at The Sixth Street Gallery in Royal Oak in collaboration with Detroit poet Chris Tysh. This collaboration culminated in a publication entitled "Coat of Arms", by Station Hill Press.

Her move to New York City was followed by two shows at The Drawing Center in SoHo. She was granted awards by The New York Foundation of The Arts and Materials For The Arts in 1991. Since her move to Los Angeles, her work has been included in exhibitions at the Los Angeles County Museum of Art and The Armand Hammer Museum.

She has exhibited her work in England, Iceland, Japan and the United States.

Website [catherinetirr.com](http://catherinetirr.com)  
Instagram [catherinetirrstudio](https://www.instagram.com/catherinetirrstudio)  
Email [catherinetirrstudio@gmail.com](mailto:catherinetirrstudio@gmail.com)



## IN PERSON MEETING

Church of the Good Shepherd 400 W. Duarte Rd., Arcadia, CA 91007-6819

## ZOOM MEETING

For those preferring to stay home.

You will receive an email before the meeting telling you how to log on ZOOM to attend. The meeting will be open for log-in starting around 7pm.

## ART OF THE MONTH

Art of the Month is going back to being in person, at the meeting only.

Work may be framed or matted so that it can be displayed on an easel.

If you have an easel, floor or table style, PLEASE bring it. Our old wire easels became a tragedy of covid and are no longer with us.

There will be no categories this month.

- **Nikki Thomas**  
*Artist of the month Chairman*

## ON THE COVER

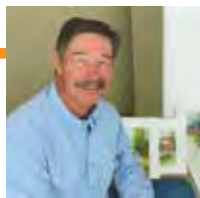
*Autumn Garden* by Michi Ikeda.

## DECEMBER DEMONSTRATION



We enjoyed 2 MVAL Member demonstrators, Lynne Fearman and Kate McDaniel.

## NEW MEMBER



**Pete Roberts**  
**Orange, CA**

Pete has been studying watercolor with Eric Wiegardt for over 15 years.

Presently he is on the board of Watercolor West as membership chairs. He is also a member of So. California Paper, LA Paper and NWS. Pete has sold some of his paintings at Chambers Gallery in Tustin.

Pete is an avid plain air painter, but also enjoys still life subjects.

Other interests are camping, bass fishing, ballroom dance and travel.

Enjoying meeting other artists is a great reason for joining MVAL and he plans on joining in on the Thursday paintouts on occasion.

Pete has given some demonstrations in Orange County and also taught a watercolor class in South Laguna.

## THURSDAYS IN PLEIN AIR

To confirm or ask questions

Call Lynne Fearman (626) 355-7562 cell: (626) 487-6566  
Bring lunch or take a chance there will be a place to buy.

If you are on Facebook, join the

*"Thursdays in Plein Air"* Facebook Page.

The Facebook page will keep you updated on any changes and connected with the other painters!

Meet at the designated location at 9:00am and paint till 12:00. At noon we gather for lunch and sharing of sketches and paintings. After lunch is the critique/share.

The critiques are informative and instructional. In the event of rain the paint-out will be canceled.

We have done our best to give accurate directions. Since we are based in San Gabriel, our directions stem from there.

It is each person's responsibility to carry a map, GPS, or double check direction.

Bring a folding chair, hat, bug spray, and umbrella if you have one. We will cancel in case of rain or very high heat.

### **JAN 11TH - MICHELLE LOFTHOUSE**

1145 Orange, Monrovia. Bring lunch

### **JAN 18th = KIRSTEN COURT, Sierra Madre**

Corner of Baldwin and Sierra Madre.

Meet at the picnic tables in the park, eat nearby.

### **JAN 25th - MONROVIA LIBRARY**

312 S. Myrtle, Monrovia

### **FEB 1st - PASADENA CITY HALL**

100 N GARFIELD AVE.

Parking \$10 in a lot on Ramona across from City Hall.

### **FEB 8th - FERN DELL PARK TRAIL, Los Angeles**

Located in Griffith Park on Fern Dell Dr. off of Los Feliz Dr.

Look for a parking lot further up the road. Bring Lunch.

### **FEB 15th - RANCHO CUCAMONGA CENTRAL PARK.**

Take the 210 freeway east to Millikin Ave. Turn right and head south to the park entrance on your right.

Meet near the children's playground. Bring lunch

### **FEB 22nd - DESCANSO GARDENS, La Canada**

1418 Descanso Drive, La Cañada Flintridge, CA 91011. I'm having minor surgery so have a great time!

### **FEB 29th - GARVEY RANCH PARK**

781 s. Orange Ave. Monterey Park.

### **MAR 7th - CASTLE GREEN, Pasadena**

E. Dayton St. at Raymond Ave.





# Shuang Li Watercolor Workshop

shuangliwatercolors.com

## “Creating Masterful Compositions”

This workshop will be focusing on COMPOSITION and DESIGN.

You will learn how to successfully turn your own sketches into a well-designed painting. Our teacher, Shuang Li, will help you answer these questions:

- What are important compositional elements and design principles to consider?
- How do we use life sketches and reference materials in our composition?
- How do we select shapes, lights, colors, and other visual elements in our composition?
- How do we create dramatic atmosphere?



# Shuang Li Watercolor Workshop

January 29 & 31, 2024

**ZOOM WORKSHOP**

**DATE CORRECTION!**

sorry for any confusion  
January 29th, NOT 28th

## SHUANG LI

Born, raised and classically trained in China, Shuang Li received her BA Degree in Graphic Design and Master's Degree in Art History. After moving to the United States, Shuang Li received her MFA (Master of Fine Art) Degree from The Department of Art, University of Oregon, in 1991.

Following the traditional "En Plein Air" Impressionism approach, Shuang paints watercolor both on location and in her studio. She portrays the extraordinary variety of life with her unique perspective. With masterful classic and contemporary techniques, Shuang recreates nature's beauty in her paintings by capturing moods and moments of light and color. She is noted for her singular poetic expression.

A signature member of the National Watercolor Society, American Impressionist Society, American Society of Marine Artists, Laguna Plein Air Painters Association, San Diego Watercolor Society, and Watercolor West, and an Elected Artist Member of California Art Club,

Shuang Li's watercolor paintings have long been favored by collectors. She has also exhibited in national and international galleries and group shows and has earned many honorable awards. With her extensive teaching background, Shuang has been regularly invited by art organizations for her popular plein air painting demonstrations, art workshops, and classes. She also frequently serves as an invited juror for art competitions and art exhibitions.



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## REGISTRATION

Please use this form to register for the workshop.

This two-day workshop is for intermediate to advanced participants.

**PC, iPad or Smart Phone and Internet access will be needed.**

Shuang Li Online Workshop,  
"Creating Masterful Compositions"  
January 29 (Mon) & 31 (Wed), 2024  
9:30 a.m. to 2:30 p.m.

Fee: \$125 MVAL Members /  
\$150 NonMembers.  
No Refunds after January 20, 2024

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/ZIP: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

Enclosed is my check for: \$ \_\_\_\_\_

Check one:  MVAL Member  Non Member

Mail to: MVAL c/o Liza Carrillo,  
418 Charleston Dr., Claremont CA 91711  
Questions: lzcarrillo418@gmail.com



## Carol Carter On-Line Workshop

### “Painting With Heart”

March 25 & 27, 2024



Join this exciting workshop. Our teacher will be Carol Carter, a Master watercolorist. In her paintings, Carol likes to juxtapose opposing qualities that create tension, such as clear but ambiguous or comforting but threatening. As an artist, her goal is “to create work that has intimacy, mysteriousness, and sensuality.”

Carol Carter is a prominent, internationally renowned artist and art teacher. Her paintings have been juried into many national and international exhibitions. She has been featured in numerous art publications, including the Art of Watercolor, Watercolor Artist, and L’Aquarelle magazines. She has obtained Master Signature member status in the American Women Artists and Heartland Art Club.



# CAROL CARTER ONLINE WORKSHOP

*"Painting With Heart"*

This two-day workshop is for beginner to advanced intermediate level. PC/iPad/Phone and Internet access will be needed.

**Dates: March 25 (Mon.) & March 27 (Wed.) 2024 9:30am to 12:30 daily**

**Fee: \$185 MVAL Members / \$210 NonMembers.**

**No Refunds** after March 20, 2024



**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

\_\_\_\_\_  
**City/ZIP**

\_\_\_\_\_  
**E-Mail:** \_\_\_\_\_

**Phone:** \_\_\_\_\_

Enclosed is my check for: \$ \_\_\_\_\_

Check one:  MVAL Member  Non Member

**Mail to:** MVAL c/o Liza Carrillo, 418 Charleston Dr., Claremont CA 91711

**Questions:** [lzcarrillo418@gmail.com](mailto:lzcarrillo418@gmail.com)