

MVAL

# Art & the Artist

February 2021

Newsletter for the Mid-Valley Arts League



Laurie Gillis

**Demonstration and workshop by JoAnn Formia**

**Workshops by Joe Cibere, JoAnn Formia  
and Keiko Tanabe Scheduled.**

## MID-VALLEY ARTS LEAGUE 2020- 2021 BOARD OFFICERS

President ----- John Byram  
First Vice President (Programs)  
----- Elana Goldheimer  
Second Vice President  
(Membership) ----- Deanne Ruiz  
Third Vice President  
(Exhibits) ----- OPEN  
Treasurer ----- Lee Johnson  
Recording Secretary - Heidi Fintescu  
Corresponding Secretary  
----- Pam McGuern  
Parliamentarian ----- Armando Ruiz

### Membership in MVAL:

Membership is open to artists and art lovers of all levels.

If you are interested in membership  
contact: Deanne Ruiz - 626-331-8270  
deanneruiz@verizon.net

### WEBSITE:

Midvalleyartsleague.org

or MVAL.org

Website Editor: Kimberly Michael

### Art & the Artist Editor:

Joyce Nunamaker

All articles and announcements

to be included in the

Art & the Artist may be sent to:

253 Windsong Court

Azusa, CA 91702

626-334-1646

E-mail: janunamaker@verizon.net

Deadline is the first Wednesday of the month. If you have an event that takes place in the first half of the month - be sure to get it in the month before.

## PRESIDENT'S MESSAGE



Hello Fellow Artists!

Of course SUCCESS should mean different things to different people. Whether or not you are successful depends on how you define it, on all the trade-offs you are willing to, not just accept, but embrace. You can have a lot, but you can't have everything.

I was thinking about Mid Valley recently. Sure, we haven't been able to have the camaraderie and shared experience that only "live and in-person" events can impart. But still, I believe MVAL is flourishing in our new online space:

- 1) Getting to see Fealing Lin's strokes onto paper last meeting – and to see them clearly – was, as someone described, "magical";
- 2) Being able to appreciate and vote on the "Artist of the Month" artwork brought back something familiar and is a milestone for us (If you need a pick-me-up from Starbucks, let's get those paintings submitted and win a gift card!);
- 3) Having the inspirational messages at our Wednesday meetings was particularly motivational for me (So please let Mary Gilman know if you've heard or experienced something encouraging and she can help you share that with the membership. marygillman.mary@gmail.com);
- 4) Moving ahead with the MVAL scholarship program during this critical year, with 10% (\$3,970.00) going to very deserving schools and students, meets one of the primary purposes of our organization;
- 5) And finally, just being able to share the moment in which art is created with companion artists, if only virtually, is to me the definition of success.

**John Byram**  
*President*

## MEETING DATES

### FEBRUARY GENERAL MEETING

#### ZOOM MEETING

February 17th, 2021- 7:30 PM

### MARCH BOARD MEETING

The March Board Meeting will be held  
Wednesday, March 3rd, 2021 - 7:00 PM  
Virtual meeting



# JANUARY DEMONSTRATION

## JOANN FORMIA

I began my watercolor interest taking classes with Robert Uecker in the early 80's. He always emphasized that every stroke counted, another words do not over work your work.

Painted in Manzanar with Henry Fukuhara, experienced wonderful workshop trips to Mt. Carmel, Utah, Canyon de Chelly with Milford Zornes along with many fine artists. Also, had the opportunity to attend workshops with some of the finest Watercolor Painter's of the day.

In 2008 I was chosen as "One to Watch" ( Watercolor artist Magazine). I am beginning my 16th year serving on the Watercolor West Board of Directors.

I hold Signature Membership in the following Organizations: American Watercolor Society, Transparent Watercolor Society, California Watercolor Association, San Diego Watercolor Society, Watercolor West (Master). 2014, I was selected "Artist of the Year" by Chaffey Community Museum of Art. 2015, Exhibited work in the NWS/China Exchange Exhibition. 2015-2016 Participated in an International Small Image Exchange Exhibit in conjunction with the Shenzhen International Watercolor Biannual and NWS.



## ZOOM MEETING

You will receive an email before the meeting telling you how to log on ZOOM to attend. The meeting will be open for log-in starting around 7pm.

## ARTIST OF THE MONTH

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There were 12 artworks entered for our January Artist of the Month.

Dilmit Singh won for her painting "Book Shop" of the famous book shop called Shakespeare and Co. in Paris on the banks of the Seine. Second place went to Mary Gilman and her beautiful painting Trout Fishing in Mammoth. The prizes for our winners are Starbuck's gift cards.

To vote now for the February Artist of the Month go to MVAL.webmaster.com to vote. You may vote til 9pm the night before the meeting.

After the General Meeting (Feb 17) you may upload a piece of art in any media or any theme. Pictures should be cropped and the larger dimension should be 100 or less pixels.

Please have the file name the name of your painting, such as Painting name, .jpg number. List dimensions and your name in the email.

Please continue to refer to the newsletter, MVAL website so you can keep up with some of the outstanding art work of our members.

**April Drew Foster** - *Chairman*  
**Kimberly Micheal** - *Website Chairman*

## THURSDAYS IN PLEIN AIR

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"Thursdays in Plein Air" has been cautiously going out to paint. They are keeping the group small and distancing. Locations are determined on a weekly basis as gathering in a location may not be allowed from week to week. Check the Facebook Page or contact Lynne Fearman to find current plans.

If you are on Facebook, join the "Thursdays in Plein Air" Facebook Page.

The Facebook page will keep you updated on any changes and connected with the other painters!

**There is no current schedule available at this time.**  
**Visit the Facebook page for updates.**

## IN MEMORIAM

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Peter De Beers contacted us to let MVAL know that his wife, Georgia De Beers, succumbed to cancer and passed away on January 31st. Georgia was a MVAL member since 2009. Georgia worked on Hospitality for MVAL for many years. She was gentle, thoughtful and faith filled. Our love and continued prayers go to Georgia's family and friends.

## SCHOLARSHIP

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### Scholarship Auction

The Scholarship Committee has decided to create an online auction of watercolor artworks which we have collected over the past year.

The Auction will take place in April. You will be able to view the paintings and make a bid online. After the auction is closed, the winners will be notified. I hope you are as excited as we are about the auction. Bob Uecker, Quinton Bemiller, Robert Landry, Jerry Stitt and Brenda Swenson are just some of the artists represented. You won't want to miss a chance at getting one of these coveted paintings.

The Scholarship Committee endeavors to give scholarships to high school seniors who are pursuing a college degree in art and grants to schools in need of materials.

**Kate McDaniel**  
*Scholarship Chair*

## NEW MEMBERS

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### **Mary Ainsley** **Conway, Arkansas**

While a lot of things are closed up, in some ways Covid has opened up some new possibilities.

Mary is a long-distance new member who is able to participate in our workshops and meetings via internet!

Mary has taken classes at a local college, mostly in drawing. She has no art background and is "coming very late to this game". She gains satisfaction and pleasure in art and watercolor in particular. She feels very stuck at the moment (cover and other concerns) but is trying to improve. "I make many mistakes but feel a very slow progress. I keep trying!"

Her work is in "process", "no masterpiece, yet". She is past beginner but other than that can't say exactly where! She likes watercolor, drawing, reading, knitting and travel (when it is safe to do so).

She is joining MVAL for learning. She wants to learn, be inspired and make new friends, if only on line, and so she can ask opinions about things.



### APRIL FOSTER

Wonderful full three day experience with Feeling which stretched all our watercolor skills. The Old Man is one we all painted. 2nd one is my grandson Trevor about age 10.



### CRIS GORDY



Venice Pano Study by Cris Gordy, Watercolor, 13x22" (2021)

Painting iconic buildings is a big challenge. Not original work. Visit [www.artspirationforall.org](http://www.artspirationforall.org) to see my other studies based on master painters, and find out who was my inspiration.

### DEAN FLEMING

Here are a few recent pages from my sketchbook.



In November 15th, 2020 I have opened my own Studio & Gallery in Ontario, California  
This is a big milestone in my art career. Against all the odds I have an opening ceremony.  
The name of the Gallery is: EA Art Studio & Gallery  
Located on 220 E. Holt Blvd. Suite B - Ontario CA, 91761 two blocks away from the CCMA



My painting was selected to be the image for the Ontario City Christmas card 2020.

Another accomplishment I have is that my artwork is showcased at the Ontario Airport since November 2020 through April 2021



## INSPIRATION

Do you have an idea to share? Something that helps you or something you have read? We need you to share that - 5 minutes or less at a ZOOM meeting.

Contact Mary Gilman. marygilman.mary@gmail.com  
626-446-6700 and have Mary schedule you for a meeting date. We really want to hear what you have to say!

## NEED HELP FOR NEWSLETTER CONTENT

### I REALLY WOULD LIKE TO RECEIVE A FEW SUBMISSIONS!

There is painfully not much going on, by sharing what you are doing it helps us stay connected and inspires others.

### I NEED COVER ART!

After March we made up for not meeting in person by having a couple of really fun newsletters filled with photos of what people were doing during shut-down. Have you taken any ZOOM classes? What was that experience like? Share your work. Are you painting or sketching on location? Photograph a couple of pages out of your sketchbook with your smart phone and email them to me!

I would like to continue to put this kind of sharing in the newsletter, at least until a time when space is taken up again with posts of live art shows, classes and events.

Please continue to send me stuff! A few pictures, an inspiration, tell us what you are doing.

email info to: janunamaker@verizon.net

- Joyce Nunamaker  
Editor *Art and the Artist*

## ON THE COVER

When my husband and I last went to Mendocino I took photos of many of the lovely gardens. These Matilija poppies in a front yard inspired me to create a painting I call Dancing Poppies.

- Laurie Gillis



# Joe Cibere Watercolor Workshop

March 19 -21, 2021



In this workshop, Joe is teaching you the secret of good paintings through demonstrations and hands-on instructions. We'll learn about the value of values and how to loosen up.

We'll learn a new way to paint that will cure your mid-tone crisis and get you to that next level by learning a process that will take the guesswork out of your next painting and give you the confidence that watercolor demands. Taking advantage of a lo-tek masking technique you'll be able to loosen your paintings and become a more expressive artist.

Joe Cibere is signature member of the National Watercolor Society and his painting style demonstrates his love of nature and wilderness. His "abstract realism"



paintings integrate strong design and balance with a sense of illusion. He has appeared in "Watercolor Magazine" and in the International Artists book "The Watercolor Sky and Cloud Techniques of 23 International Artists". He is also in the new book "Splash 20" and the 2019 February issue of "Watercolor Artist" magazine. His studio is at Studio Channel Islands, Room R5 in Old Town Camarillo, CA.



"The challenge is to know when to stop and let the medium take over. That's why the most successful paintings seem almost effortless," Joe asserts. "I always look forward to interacting with art patrons and other artists for feedback about the creative process & affirm that visual expression is one of life's greatest joys."

[www.joeciberewatercolors.com](http://www.joeciberewatercolors.com)  
[www.joecibere.faso.com](http://www.joecibere.faso.com)

## Joe Cibere Watercolor Workshop

This three day online workshop is for beginners to advanced intermediate.

**Dates: Friday through Sunday, March 19-21, 2021**  
 10am to 3pm (The Zoom room is available 9am-4pm)

This Workshop is conducted through Zoom meetings. You need PC/iPad/phone with Internet access. An Intro to Zoom session will be held prior to the Workshop.

**Fee:** \$285 MVAL Members / \$310 Non-Members.

A **deposit** of \$100 must be submitted with registration.

**Balance due** March 12, 2021.

**No Refunds** after March 12, 2021.

## REGISTRATION

(Check payable to: **Mid-Valley Arts League**)

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY/ZIP \_\_\_\_\_

PHONE \_\_\_\_\_

EMAIL \_\_\_\_\_

**Joe Cibere Workshop, March 19-21, 2021 (Friday-Sunday)**

Enclosed is my check for: \$ \_\_\_\_\_

Check one: ☐ MVAL Member ☐ Non Member

**Mail to:** MVAL c/o Carol Ling, 4715 Lasheart Dr., La Cañada, CA 91011

**Online Registration:** MVAL.org

**Questions:** 818.636.3770 / Carol\_ling@sbcglobal.net



# JoAnn Formia Online Workshop

## Creative Abstract Painting in Watercolor

April 23 & April 30, 2021

JoAnn wants to share her love with watercolor and abstract painting with you by revealing her skill in both areas. An alternate way of creating a successful abstract painting will be presented, using a limited pallet, a combination of soft and hard edges, line work (calligraphy) if needed.

On the first day, we will prepare two paintings for use on the second Friday. The two paintings are shown here. Spend time to complete both pieces as necessary.

JoAnn hopes that this workshop will help newcomers to watercolor painting realizing it is not necessary to work so hard. In many cases if you let it and be relaxed, watercolor will tell you what to do. A big brush helps and allows more freedom in applying the pigment. Also, she finds she is more successful in painting while she is standing up, you can put your whole shoulder into the process instead of just your arm and wrist. This applies to large pieces.

She hopes that this time together will encourage more watercolorists to surface and find self-satisfaction in this medium for use throughout the year creating art for themselves and others. Another reward of this wonderful medium is to be able to create and send original note cards to friends and relatives. During this time of isolation, it is a good way to put your extra time to good use. It is not always about competition but self-satisfaction.



*'Intro to Zoom' session will be scheduled prior to the workshop.*

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### JoAnn Formia Online Watercolor Workshop

#### Creative Abstract Painting

This two day workshop is for beginners to advanced. PC/iPad/Phone and Internet access needed.

**Dates: 2 Fridays, April 23, & April 30, 2021.**

**9:30am to 4:00pm daily**

**Fee: \$85 MVAL Members / \$110 Non-Members.**

*(Special pandemic discount offered by JoAnn)*

**A fee of \$85 must be submitted with registration.**

**No Refunds after April 16, 2021.**

**Online registration, go to MVAL.org**

### Registration



*(pay to the order of Mid-Valley Arts League)*

NAME \_\_\_\_\_

ADDR \_\_\_\_\_

CITY/ZIP \_\_\_\_\_

PHONE \_\_\_\_\_

EMAIL \_\_\_\_\_

**JoAnn Formia Online Workshop April 23 & 30, 2021 (2 Fridays)**

Enclosed is my check for: \$ \_\_\_\_\_

Check one: ☐ MVAL Member ☐ Non Member

**Mail to:** MVAL c/o Carol Ling, 4715 Lasheart Dr., La Cañada, CA 91011

**Questions:** 818.636.3770 / Carol\_ling@sbcglobal.net



# JoAnn Formia

JoAnn began her watercolor interest by taking classes with Robert Uecker in the early 80's. Robert always emphasized that every stroke counted, another words by him is "do not overwork your work".



JoAnn painted in Manzanar with Henry Fukuhara. She has experienced some wonderful workshop trips to Mt. Carmel, Utah, Canyon de Chelly with Milford Zornes along with many fine artists. Also, She had the opportunity to attend workshops with some of the finest Watercolor Painter's of the day.

In 2008 she was chosen as "One to Watch" in Watercolor Artist Magazine. She was selected "Artist of the Year" by Chaffey Community Museum of Art in 2014. In 2015, she exhibited work in the NWS/China Exchange Exhibition. She participated in an International Small Image Exchange Exhibit in conjunction with the Shenzhen International Watercolor Biannual and NWS in 2015-2016.

She is the Signature Member of American Watercolor Society, Transparent Watercolor Society, California Watercolor Association, San Diego Watercolor Society, as well as Watercolor West (Master).

JoAnn has been active in local art communities. She is beginning her 16<sup>th</sup> year serving on the Watercolor West Board of Directors.







## Keiko Tanabe

### 3-Day Online Watercolor Workshop

June 1, 3, and 5, 2021

**“Keeping It Simple and Strong”**

ABOUT THE ARTIST/INSTRUCTOR: Keiko Tanabe AWS,NWS



Often working en plein air, Keiko’s atmospheric watercolor captures perfectly a sense of time and place. Through her use of color, texture, and signature brushwork, Keiko’s landscapes and cityscapes beautifully convey the exotic and the simple scenes of the many places she travels. Never having attended art school, Keiko took one drawing class to learn basic technical skills before she started painting in 2005. One year later, after learning basic drawing and watercolor painting skills at a local community school in San Diego, she decided to paint full-time.

From then on, Keiko intensely taught herself to be fluent in watercolor painting, just as one would do to master a foreign language. Keiko’s subjects include landscape, cityscape, waterscape, and interior scenes, which she will be demonstrating in this workshop.

Since 2011, Keiko has successfully conducted more than 300 workshops and numerous live demonstrations around the world.







## ABOUT THE KEIKO TANABE WORKSHOP:

This workshop is designed for those who would like to gain a better understanding of methods and techniques to make a watercolor painting that is simple yet strong. The goal is to capture the essence of the subject that conveys a certain mood and atmosphere. The process of simplifying begins with visualization. In representational art, this ability to see the end result of a painting, through the mind's eye, is instrumental in realizing an artist's vision.

Through sketches and step-by-step demonstrations, Keiko will show you how to take the initial inspiration, through the simplification process, to an expressive painting that is strong in composition and content. There will be an active question-and-answer session and critique on a daily basis. Subject matter includes landscape, cityscape, waterscape, and interior scenes. They will be demonstrated in a manner that is more representational and impressionistic rather than abstract.

The topics to be covered in this workshop are: preliminary drawing and composition; techniques in paint application and brush handling; dark vs light; determining what makes a good design (color, shape, value, edges); planning and intuition; and editing complex visual information.

The materials list and reference photos will be provided prior to the workshop.

## Keiko Tanabe Online Watercolor Workshop

RECOMMENDED EXPERIENCE: ALL LEVELS

**Dates: Tuesday, Thursday, Saturday, June 1, 3, 5, 2021**  
9:30am to 3:30 PM.

You need a PC/iPad/phone with Internet access. An 'Intro to Zoom Meetings' will be held prior to the workshop.

**Fee:** \$285 MVAL Members / \$310 Non-Members. A **deposit** of \$100 must be submitted with registration.

**Balance due:** May 24, 2021.

**No Refunds** after May 24, 2021.

**Questions:** 909.223.8981 / lzcarillo@hotmail.com

MVAL

**REGISTRATION** (Check payable to: *Mid-Valley Arts League*)

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY/ZIP \_\_\_\_\_

PHONE \_\_\_\_\_

EMAIL \_\_\_\_\_

**Keiko Tanabe Workshop: June 1, 3, 5, 2021 (Tuesday, Thursday, and Saturday)**

Enclosed is my check for: \$ \_\_\_\_\_

Check one: ☐ MVAL Member ☐ Non Member

**Mail to:** MVAL c/o Liza Carrillo, 418 Charleston Dr., Claremont, CA 91711

**Online Registration:** MVAL.org



JoAnn Formia