

MVAL

# Art & the Artist

June 2024

Newsletter for the Mid-Valley Arts League



Jane Levy

**Demonstration - Ruth Ellen Hoag**  
**Installation of 2024-2025 Officers and Board**

**Summer Break - Keep Painting!**

**MID-VALLEY ARTS LEAGUE  
2023 - 2024  
BOARD OFFICERS**

President ----- John Byram  
First Vice President (Programs)  
----- Elana Goldheimer  
Second Vice President  
(Membership) ----- Mary Archibald  
Third Vice President  
(Exhibits) ----- Dilmit Singh  
Treasurer -----  
Recording Secretary  
----- Monica Homer  
Corresponding Secretary  
----- Pam McGuern  
Parliamentarian -----

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Membership in MVAL:  
Membership is open to artists and art lovers  
of all levels.  
If you are interested in membership  
contact:  
Mary Archibald  
archibald.m@gmail.com

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WEBSITE:  
Midvalleyartsleague.org  
or MVAL.org  
Website Editor: Jennifer Zapp

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Art & the Artist Editor:  
Joyce Nunamaker

All articles and announcements  
to be included in the  
Art & the Artist may be sent to:  
253 Windsong Court  
Azusa, CA 91702  
626-334-1646  
E-mail: janunamaker@verizon.net

Deadline is the first Wednesday of the  
month. If you have an event that takes  
place in the first half of the month - be  
sure to get it in the month before.

## PRESIDENT'S MESSAGE



Dear Members,

Firstly, and most importantly, I want to communicate what a privilege it was to serve as your President. As the saying goes, "time is precious, make sure you spend it with the right people," and indeed I have!

Secondly, I wanted to specifically thank those members who served as officers and committee chairs during my tenure. We had some difficult events to overcome over the last five years, but your hard work and effort directly and positively impacted the Organization. We now are simulcasting, we've continued to fund our scholarships, our Members' Exhibition and the Masters in the Park continued through the pandemic and we've had a slew of wonderful demonstrators and workshops available.

Also, big kudos to everyone who came and offered their suggestions during the "brainstorming session" at Mary Archibald's house ... and to Mary for hosting. It is my hope that these thoughts will give our new leadership some seminal ideas to foster growth and improvement as we move into the future.

Congratulations to this year's recipients of our scholarship donations to Pasadena City College and Maranatha High School. The joy of helping these young artists achieve their dream is indeed liberating. Well done MVAL!

Finally, we will be presenting the officers and committee chairs for the next year at this coming June's Members' Meeting, so please mark it in your calendars and show them your support for keeping Mid-Valley at the top of its game. There are some vacancies; so, please listen, and if you think you can help, please consider volunteering.

Again, thank you for making the last years special beyond words.

**John Byram**  
*MVAL President*

## MEETING DATES

### JUNE GENERAL MEETING

#### **IN PERSON and ZOOM MEETING**

June 19th, 2024 - 7:30 PM  
Church of the Good Shepherd  
400 W. Duarte Rd., Arcadia, CA 91007-6819

### SEPTEMBER BOARD MEETING

September 4th, 2024 - 7:00 PM  
Virtual Meeting via Zoom.\_

# MARCH DEMONSTRATION

## RUTH ELLEN HOAG Watercolor - via zoom

Manhattan School of Music, New York, NY – BA (French horn),  
1967 University of California Santa Barbara – California teaching  
credential, 1972

In 1997 I retired as professional musician to devoted full time to  
painting. I have had mentors in this endeavor, particularly William  
Lawrence and Katherine Chang Liu, but I am basically self-taught.  
I also credit my music background to my present achievements  
as an artist.

“My art is based on the figurative genre. Ordinary, everyday people  
being central to my work, each painting offers an opportunity to dis-  
cover a new insight into how we act, react, do, think, worry, enjoy or  
ponder. I generally don't work for accuracy, though some turn out that  
way. In aiming for the communicative and emotional qualities, degrees  
of abstraction come into play. There's no formula, only desire and some  
routine.”

This months meeting will also include Voting for the  
**2024-25 Slate of Officers and Chairs.**

We also hope to have some of our scholarship Winners  
present.



## IN PERSON MEETING

Church of the Good Shepherd  
400 W. Duarte Rd., Arcadia, CA 91007-6819

## ZOOM MEETING

For those preferring to stay home.

You will receive an email before the meeting telling you  
how to log on ZOOM to attend. The meeting will be open  
for log-in starting around 7pm.

## ART OF THE MONTH

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Art of the Month is going back to being in person, at the meeting only.  
Work may be framed or matted so that it can be displayed on an easel.  
If you have an easel, floor or table style, PLEASE bring it.

**There will be no theme this month.**

## VOTING FOR BOARD OF DIRECTORS

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Did you know we have a Board of Directors?  
Over the last several years Mid-Valley Arts League has undergone a bit of restructuring and new by-laws to be compliant with current Non-Profit rules. Our original by-laws had been established in 1953! Thus - we now have a Board of Directors.

Pursuant to Bylaws of the Mid-Valley Arts League, Inc., notice is hereby given that Members will have an opportunity at the May Annual Meeting (May 15, 2024) to vote to approve or disapprove the following individuals to serve as the Board of Directors:

*Elana Goldheimer, Jennifer Zapp, Jean Essa, Dilmit Singh, Fred Gotha*

## ON THE COVER

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This month's cover, *Sunset in the Beach*, was painted by Jane Levy.

## NEW MEMBERS

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### **Martha Tamayo Duarte, CA**

Martha had a background in graphic design, illustration and working in traditional mediums, primarily graphic and now watercolor.  
She enjoys hiking, painting and sketching.

### **Connie Woodhead Pasadena, CA**

Connie has a B.A /from Swarthmore College and a J.D. from the University of Pennsylvania.

She is interested in printmaking, bookmaking and has taken many courses at Idyllwild Arts.

Connie currently is working in watercolor, book arts, and paper.  
She also enjoys reading and movies.



## NEW MEMBERS

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### **Mary Amelsberg La Crecenta, CA**

Mary has a BA in Art, she taught in LAUSD High School Art for 25 years and is now happily retired!  
She works in watercolor, collage, ink and with graphite. She loves to create daily, her art is her therapy and life.  
She also enjoys reading, travel and swimming.

### **Mary Achenbach Glendale, CA**

Mary had an MFA from University of Southern California.  
She enjoys figure drawing, oil painting and watercolor painting, she is always exploring.  
She also enjoys reading.

### **Catherine L. Moore Glendale, CA**

Catherine has a BA in Education from San Diego State University.  
Catherine is currently taking watercolor painting from John Byram.  
She has always enjoyed drawing and had an interest in watercolor painting, and started taking classes in drawing and painting after retiring in 2019.  
Other interests are reading, pickle ball, pleinair drawing, painting, arts shows and museums.  
She hopes to expand her knowledge and experience in the local art world.

### **Kathleen Obley Montrose, CA**

Kathleen has been an artist hobbyist for seven years. She has dabbled in many forms of artistic expression.  
She currently is working in watercolors and acrylic, taking classes from John Byram. She does the freedom of expression that watercolor brings.  
Other interests are gardening and energy work.

### **Gale Poulson Los Angeles, CA**

Gail took art classes in high school and she is now taking classes from John Byram and has also studies with Donna Barnes-Roberts.

She works in watercolor and loves the flow of the paint and the many happy accidents that lift her spirit.  
She also likes knitting, crocheting, metalwork, rockhounding, lapidary gems and minerals, travel, reading, tai chi and



### **Pamela Sevir and Patrick McGulpin Pasadena, CA**

Pamela works in watercolor. Her other interests are reading sewing and gardening.  
Her husband Patrick does woodworking and also enjoys hiking.

## ART AND THE ARTIST COVERS

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I need cover art!

Art does not need to be full paintings, sketches, plein aire studies and workshop work is welcome.

You can get a pretty good shot of your work just using your phone. Make them as square as you can, but don't stress, I can cleaning crop your photo.

Send your images to janunamaker@verizon.net and help me collect a folder full of images to use!

Thank you,

**Joyce Nunamaker**

Editor, *Art and the Artist*

## THURSDAYS IN PLEIN AIR

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To confirm or ask questions

Call Lynne Fearman (626) 355-7562 cell: (626) 372-6077  
Bring lunch or take a chance there will be a place to buy.

**Note that Lynne Fearman has a new cell phone number: (626) 372-6077 Update your contact information.**

If you are on Facebook, join the "Thursdays in Plein Air" Facebook Page.

The Facebook page will keep you updated on any changes and connected with the other painters!

Meet at the designated location at 9:00am and paint till 12:00.

At noon we gather for lunch and sharing of sketches and paintings. After lunch is the critique/share.

The critiques are informative and instructional.

In the event of rain the paint-out will be canceled.

We have done our best to give accurate directions. Since we are based in San Gabriel, our directions stem from there.

It is each person's responsibility to carry a map, GPS, or

Bring a folding chair, hat, bug spray, and umbrella if you have one. We will cancel in case of rain or very high heat.

**I originally had information only through June. Just before I was going to release the newsletter I received the update for the summer. Rather than holding up the newsletter so that I could retype and edit the summer list, I decided to just drop in Lynne's original list on the next page. Stay cool and keep painting!**

- Editor, *Art & the Artist*

Check the Thursdays in Plein Aire Facebook page for possible changes.

## SLATE OF OFFICERS - 2024-25

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### 2024-2025 Board of Directors

Dilmit Singh  
Fred Gotha  
Elana Goldheimer  
Jean Essa  
Jennifer Zapp

### 2024-2025 Officers

**President:** Dilmit Singh  
**First VP (Programs):** Elana Goldheimer  
**Second VP (Membership):** Mary Archibald  
**Third VP (Exhibits):** Open  
**Recording Secretary:** Monica Homer  
**Corresponding Secretary:** Pam McGuern  
**Parliamentarian:** Open

### 2024-2025 Committee Chairs:

**Artist of The Month:** Nikki Thomas  
**Editor, Art & The Artist:** Joyce Nunamaker  
**Mailing, Art & The Artist:** Fred McCall  
**Archivist:** Jan Wright  
**AV/Technology:** Roy Genger  
**Directory:** Pam McGuern  
**Finance:** Open  
**Gallery:** Jeannine Savedra  
**Guest Hostess:** April Drew Foster  
**Inspiration:** Mary Gilman  
**Paint-Outs:** Lynne Fearman  
**Photographer:** Linda Salinas  
**Property:** Rick McGuern  
**Publicity:** Open

## MVAL DUES

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Dues are now due for September 2024 - June 2025.  
Look for your renewal envelope in the mail!

They will be due by August 15th.  
Make sure that you pay them on time so that you will be included in the new directory and will continue to get your newsletter.

Thursdays En Plein Air SPRING-SUMMER  
2024

MAY 23RD- AUGUST

Unless otherwise noted. Bring lunch unless otherwise noted.

Bring chair, hat, bug spray, and umbrella if you have one.

For questions text Lynne Fearman at:

(626) 447-0001

**MAY 23RD RIALTO THEATER IN SOUTH PASADENA** Take Fair Oaks Ave. south past Mission to the Rialto Theatre on your right.

**MAY 30<sup>TH</sup> DEUKMEJIAN PARK, LA CRESCENTA** 210 Freeway West to Pennsylvania Ave. Make a right and then a left at Foothill Blvd. At New York Ave. make a right and continue to the top. There will be a forced left at Markridge continue 100 feet to park entrance on your right. Bring lunch.

**MAY 27<sup>TH</sup> PECK ROAD PARK, EL MONTE.** TAKE THE 210 FREEWAY TO MYRTLE AVE. IN MONROVIA. Take Myrtle Ave south continuing onto Peck Road just south of Live Oak. Entrance on your right. Bring lunch.

**JUNE 13<sup>TH</sup> LAKE BALBOA.** 6300 Balboa Blvd. Encino

**JUNE 20<sup>TH</sup> SEAL BEACH PIER** Main St. and Ocean Ave., Seal Beach.

**JUNE 27<sup>TH</sup> DESCANSO GARDENS, LA CANANDA,** 1418 Descanso Dr. meet at the café for

**JULY 4<sup>TH</sup> GO TO THE PARADE IN SIERRA MADRE AND SKETCH!** Meet at the north side of the street at Hermosa, and Sierra Madre Blvd. bring a chair!

**JULY 11<sup>TH</sup> MATER DELOROSA PASSIONIST RETREAT** 700 N. Sunnyside Ave. Sierra Madre. Bring Lunch.

**JULY 18<sup>TH</sup>. SAN GABRIEL MISSION** 428 S. Mission Dr., San Gabriel, (626) 457-3035 Bring lunch.

**JULY 25<sup>TH</sup> LA ARBORETUM. ARCADIA** Meet at the entrance at 9:00. Pick your spot to paint, then we'll meet up at the Peacock Café for lunch.

**AUGUST 1<sup>ST</sup> SANTA FE DAM** 15501 Arrow Highway Irwindale Take the 210 freeway to the 605 south. Exit at the Arrow Highway off ramp. Left at exit follow signs to Santa Fe Dam Recreational Park. Entrance on your left. Meet at the 3rd parking lot. Boat dock and Fire Station. Bring lunch. THERE IS A FEE AT THE GATE.

**AUGUST 8<sup>TH</sup> CASTLE GREEN** , Pasadena, E. Dayton St. at Raymond Ave.

**AUGUST 15<sup>TH</sup> SOUTH ARROYO BLVD. OUTLOOK OF THE COLORADO STREET BRIDGE.** AT NORWOOD DRIVE. Bring lunch.

**AUGUST 22<sup>ND</sup> PASADENA HERITAGE** 160 N. Oakland, free parking available behind the club off of Madison Ave. just south of Walnut. Bring lunch.

**AUGUST 29<sup>TH</sup> HAHAMUNGA PARK, PASADENA** 4400 Oak Grove Park Dr.

## “Painting Watercolor Reflections”

### Online Workshop with International artist, Pablo Ruben

June 20 & 27, 2024

In this workshop, we will learn how to paint two different sorts of water reflections and the basic knowledge needed to paint these kinds of subjects, such as the combinations of pigment load and moisture content.

The workshop will cover:

- An exercise of painting a landscape with calm waters, puddles, or lake, during which we will practice how to paint a big gradated wash as applied to water scenes.
- A second exercise of painting a waterscape to learn how to paint water in movement and waves.





**PABLO RUBEN LOPEZ SANZ**

Award-winning Spanish watercolor artist, Pablo Ruben, is renowned for his paintings of waterscapes. He has been painting for over 20 years. He has taught watercolor courses all over the world, e.g., in Seattle, Mexico, Vancouver (Canada), France, Italy, Brazil, Moscow, China, etc., and is currently on the faculty of the Terracotta platform and the Mastrius artist mentoring program. He runs his own school in Spain. He teaches in English and Spanish.

Pablo has been juried into exhibitions in international events, including the National Watercolor Society (USA, "High Wind Medal" award at the 147th & 153rd Int'l Exhibitions; W&N award at the 152nd Int'l Exhibition); the San Diego Watercolor Society (Awarded Signature Membership 2014; Second Prize, Signature Members; Instructors Award; and the Board of Directors Award at the 38th Int'l Exhibition); Fabriano in Aquarello; and many others in different countries. Pablo is an active participant in painting competitions in Spain, winning awards countless times. Pablo's paintings are in public collections in Spain and in private collections in many countries.

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**REGISTRATION**

**Please use this form to register for the workshop.**

This two-day workshop is for all levels, but experience with the watercolor medium is desirable.

PC/iPad/Phone and Internet access will be needed.

**Fee:** \$125 MVAL Members / \$150 NonMembers.  
**No Refunds** after June 15, 2024

**Pablo Ruben Online Workshop,  
"Painting Water Reflections"  
June 20 (Thur) & 27 (Thur), 2024  
8:30 a.m. to 12:30 p.m.**

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**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**City/ZIP**

**Phone:** \_\_\_\_\_

**E-Mail:** \_\_\_\_\_

Enclosed is my check for: \$ \_\_\_\_\_  
Check one:  MVAL Member  Non Member

**Mail to:** MVAL c/o Liza Carrillo, 418  
Charleston Dr., Claremont CA 91711  
**Questions:** [lzcarrillo418@gmail.com](mailto:lzcarrillo418@gmail.com)



# “Vibrant, Personality-filled Paintings”

## An Online Workshop with National Artist, David Daniels

September 24 - 26, 2024

Watercolor paintings can be so much more than a checklist of watercolor techniques. David Daniels goes beyond paint application basics and shows you how to construct strong, vibrant, personality-filled paintings. David firmly believes that planning does not destroy creativity, but creates opportunity. In this workshop, the participants will be responsible for their own subject matter—it is not a paint-along. Daily one-on-one critiques and demos will be vital to helping you find your watercolor voice.

Participants will learn:

- how to find the essence of her/his subject matter
- how to construct compelling compositions
- to see shapes, not objects
- how to create a color strategy
- how to use frisket to achieve batik-like effects
- the importance of value patterns in her/his work
- how to paint loosely while staying true to the subject matter





## Workshop Artist Instructor: DAVID DANIELS

David earned a Bachelor of Science Degree from Central Michigan University in Mt. Pleasant Michigan . From a young age he loved nature, and looked to it for an "inexhaustible supply of ideas." This fascination with nature led to his formal training in botany and biology. Although he knows his paintings would never be considered photorealistic, his scientific studies continue to influence his work. He makes great efforts to represent his subjects as anatomically and botanically correct.

In 1982 he earned a Master of Art degree, again from Central Michigan University. After 15 years of teaching in the Michigan public school system, he moved to Washington, D.C., to pursue an art career.

David's work has been selected numerous times for solo exhibitions in Michigan and the Washington, D.C. metro area, and his paintings are in many private and public collections around the world, including the National Institutes of Health. He has been the recipient of Best of Show awards from organizations such as the Capitol Hill Art League and the Washington Watercolor Association, and was inducted into *Who's Who in American Art* in 2005. In addition to being a full-time artist, he teaches watercolor painting at the Smithsonian Institution, Montgomery College in Rockville, Maryland.



## REGISTRATION

Please use this form to register for the workshop.

This three-day workshop is for all levels, but experience with the watercolor medium is highly desirable.

**David Daniels Online Workshop,  
"Vibrant, Personality-Filled Paintings"**

**SEPTEMBER 24-26 (Tue to Thur), 2024  
9:00 a.m. to 3:30 p.m. (PST); includes a  
half-hour noon break**

PC/iPad/Phone and Internet access will be needed.

**Fee:** \$275 MVAL Members /  
\$310 NonMembers  
**No Refunds** after Sept 15, 2024

**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**City/ZIP** \_\_\_\_\_ **10**

**Phone:** \_\_\_\_\_

**EMail:** \_\_\_\_\_

Enclosed is my check for: \$ \_\_\_\_\_  
Check one:  MVAL Member  Non  
Member

**Mail to:** MVAL c/o Liza Carrillo, 418  
Charleston Dr., Claremont CA 91711  
**Questions:** [lzcarrillo418@gmail.com](mailto:lzcarrillo418@gmail.com)