

MVAL

# Art & the Artist

September 2022

Newsletter for the Mid-Valley Arts League



Cris Gordy

**Welcome Back!**  
**Demonstration by George Politis**  
**Meeting In-Person or via Zoom!**

**MID-VALLEY ARTS LEAGUE  
2021 - 2022  
BOARD OFFICERS**

President ----- John Byram  
 First Vice President (Programs)  
 ----- Elana Goldheimer  
 Second Vice President  
 (Membership) ----- Mary Archibald  
 Third Vice President  
 (Exhibits) ----- Dilmit Singh  
 Treasurer ----- Lee Johnson  
 Recording Secretary  
 ----- Carmen Daugherty  
 Corresponding Secretary  
 ----- Pam McGuern  
 Parliamentarian -----

Membership in MVAL:  
 Membership is open to artists and art lovers  
 of all levels.  
 If you are interested in membership  
 contact:

WEBSITE:  
[Midvalleyartsleague.org](http://Midvalleyartsleague.org)  
 or [MVAL.org](http://MVAL.org)  
 Website Editor: Jennifer Zapp

Art & the Artist Editor:  
 Joyce Nunamaker

All articles and announcements  
 to be included in the  
 Art & the Artist may be sent to:  
 253 Windsong Court  
 Azusa, CA 91702  
 626-334-1646  
 E-mail: [janunamaker@verizon.net](mailto:janunamaker@verizon.net)

Deadline is the first Wednesday of the  
 month. If you have an event that takes  
 place in the first half of the month - be  
 sure to get it in the month before.

## PRESIDENT'S MESSAGE



Welcome back Fellow Artists!

It's September and time to restart our Mid-Valley meetings, workshops and demonstrations! (It seems like summer should get a speeding ticket, it went by so fast! I won't miss the heat, however).

Mid-Valley is trying something new starting with our September meeting:

WE ARE AGAIN MEETING IN-PERSON AT THE CHURCH.

WE ARE GOING TO ALSO BROADCAST THE MEETING VIA ZOOM.

So folks can choose how they'd like to participate. And, a lot is in store for the September meeting, including:

- 1) A vote to seat officers for the next term.
- 2) Dilmit Singh will have a presentation / viewing of the prize-winners' art from the Members' Exhibition, which was juried by the talented Eileen McCullough. I want to thank Dilmit, Eileen, Jeanne Windoffer, Jennifer Zapp, and all the others that worked hard to put on this wonderful exhibition. And, thank you to all the artist that submitted such great work this year.
- 3) We will have a demonstration by George Politis, live, from Greece on the screen!

Finally, I wanted to express appreciation on behalf of the Organization to Mary Archibald and Julie Crouch, who have processed our renewals this year under less than ideal circumstances. It is the terrific contributions from our volunteers that make being a part of MVAL such a treat.

I look forward to seeing all the familiar faces at the September meeting!

**John Byram**  
*MVAL President*

## MEETING DATES

### SEPTEMBER GENERAL MEETING

#### IN PERSON and ZOOM MEETING

September 21st, 2022- 7:30 PM  
 Church of the Good Shepherd  
 400 W. Duarte Rd., Arcadia, CA 91007-6819

### OCTOBER BOARD MEETING

October 5th, 2022- 7:00 PM  
 Virtual Meeting via Zoom.

# SEPTEMBER MEETING

## GEORGE POLITIS

### Artist Statement

I love painting in watercolor and mixed watermedia. Selecting whether going in the "pure" direction of totally transparent watercolour, or using acrylic inks, collage and other media is based on the subject and on the personal reaction to a potential subject.

The medium is not the most important thing. The result is... Thus, I like to experiment a lot and find new ways to express my ideas. I experiment with various materials and processes, very often disregarding rules. Especially in my "Wall Series" I like to create some... controlled chaos and find ways to compose and create a balanced painting out of this chaos.

I like aged material, rusty metal, weathered wood...

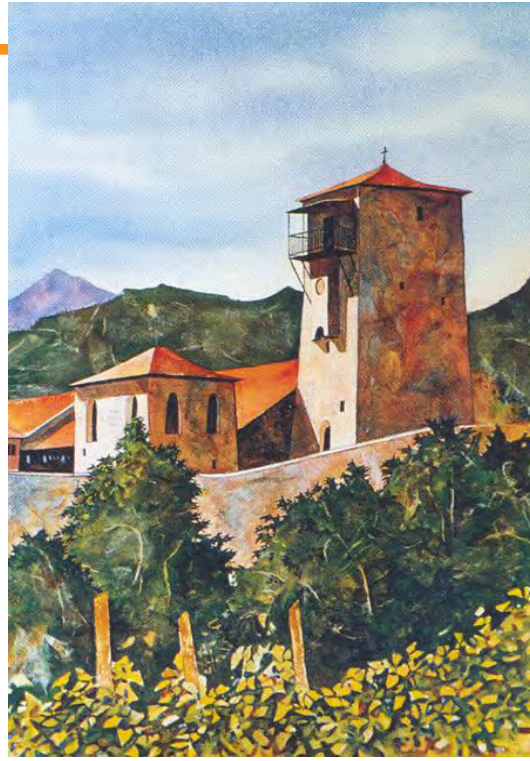
Time plays a very basic role in my paintings; particularly the way it leaves

its mark on varied objects and on nature itself fascinates me. I see in the old, rusty and ravaged both truth and excitement. I can find inspiration in ordinary and commonly overlooked items, responding to them with dramatically different feelings each time, whether emphasizing the serenity, the loneliness, the atmosphere, the melancholy. My aim is to make the viewer share my feelings and share my love for such objects that have "lived" in glory once... and that can still have sparkle today !!

### Bio

George Politis paints in watermedia and lives in Thessaloniki in Greece.

He is signature member of AWS (American Watercolor Society), RI (Royal Institute of Painters in Watercolors), San Diego Watercolor Society, MoWS (Missouri Watercolor Society), AWA (Arizona Watercolor Association), NEWS (North East Watercolor Society), IAF (Institut des Arts Figuratifs) and has served as President of the Artists Society of Northern Greece (2009-2015) etc. His paintings won many awards.



## IN PERSON MEETING

Come and reunite with members in person, it's been a long time!

Church of the Good Shepherd

400 W. Duarte Rd., Arcadia, CA 91007-6819

## ZOOM MEETING

For those preferring to stay home.

You will receive an email before the meeting telling you how to log on ZOOM to attend.

The meeting will be open for log-in starting around 7pm.

## ARTIST OF THE MONTH

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There is no Artist of The Month for September.

We will resume Artist of the Month in October.  
Looking forward to seeing your entries.

**Chris Gordy - Chairman**

## MID-VALLEY ARTS LEAGUE 2022 VIRTUAL MEMBERS EXHIBIT "COLOR COMFORT"

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**Awards Presentation:** September 21, 2022

**Exhibit Dates:** September 22 – November 5, 2022

Show goes up on MVAL Web-site!

## WORKSHOP INFORMATION

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### MVAL Upcoming 2022 and 2023 Online Workshops:

Mark your calendar and join us!

### September workshop by George Politis will be re-scheduled to 2023.

George's demo will be held on Wednesday, September 21 at the next meeting.

#### Alison Watt

October 24, 26, & 28 (Monday, Wednesday, & Friday)

Her demo will be on Wednesday, October 19.

#### Tom Francesconi

December 5, 7, & 9 (Monday, Wednesday, & Friday)

His demo will be on

wednesday, November 16.

## SCHOLARSHIP

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The Scholarship Committee is just starting plans for our 2022-23 year. Recipients are very grateful for our program. We share a thank-you note from Arcadia High School.

*MVAL: We cannot thank you enough for this grant. We were able to purchase essential items that are above and beyond the consumables we generally purchase. Since firing the kilns is such an important part of Ceramics, this grant ensures years and years of use.*

*Thank you again, for all you do.*

*To everyone at the MVAL group, you are the best!!!*

*Sincerely, Jason Ganley*

*Arcadia High School / Ceramics / 2022*

## THURSDAYS IN PLEIN AIR

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If you are on Facebook, join the

"Thursdays in Plein Air" Facebook Page.

The Facebook page will keep you updated on any changes and connected with the other painters!

### There will be a schedule for locations in October.

In the meantime, there are people meeting to paint on a more casual basis, follow the Facebook page to see if someone is suggesting a location.

## ON THE COVER

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"90s and 80s Ladies"

was painted by Cris Gordy.

## 2022-2023 Board of Directors

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President: John Byram

First VP (Programs): Elana Goldheimer

Second VP (Membership): Mary Archibald

Third VP (Exhibits): Dilmit Singh

Treasurer: Lee Johnson

Recording Secretary: Carmen Daugherty

Corresponding Secretary: Pam McGuern

Parliamentarian: Open

### Committee Chairs:

Artist of The Month: Chris Gordy

Editor, Art & The Artist: Joyce Nunamaker

Mailing, Art & The Artist: Fred McCall

Archivist: Jan Wright

AV/Technology: Roy Genger

Directory: Julie Crouch

Finance: Open

Gallery: Jeannine Savedra

Guest Hostess & Introductions: April Drew Foster

Inspirations: Mary Gilman

Paint-Outs: Lynne Fearman

Photographer: Linda Salinas

Property: Rick McGuern

Publicity: Mark Wood

Raffle: Bonnie Pierson

Refreshments: Tomiko Higuchi & Jim Brestcher

Masters in the Park: Mel Peters

Scholarship: Kate McDaniel & Serena Refoua

Scholarship Auction: Laurie Gillis

Video Library: Phyllis Kato

Website: Kimberly Michael & Jennifer Zapp

Workshops: Carol Ling & Liza Carrillo



# Alison Watt Online Workshop

October 24, 26 & 28, 2022

## Just Add Water – Water Media Workshop

This workshop is designed to help you explore different water media to expand your painting possibilities. By adding a few new materials and techniques to our toolbox, we'll loosen up and add elements of drama and surprise to our paintings.

Using the water media materials, we will explore techniques which include using wet-in-wet (washes and flow), mixing media (watercolor, inks, gouache) splattering, spraying, using resist, mark making with oil pastel, watercolor Pencil, crayon, and India ink, printing, collage, and texture.

**Day 1 The Way of Water:** working with water to create that gorgeous first layer. Subjects will be: Plant Material (fresh or from photos: leaves, flowers, berries, seeds),



Landscape (from photo of your choice).

**Day 2 Building dramatic layers:** working back into the paintings we prepared yesterday, we will explore resist, splattering, spraying, and mark making. Final layers will involve adding glazes, dark values and gouache to paint out negative spaces.

**Day 3 Pushing into abstraction:** from a starter image of your choice we will use all of the techniques of the first two days, as well as printing and collage, and texture to move towards abstraction.



Online Demo: Wednesday, October 19, 2022, 7:30 PM (MVAL General Meeting).

### Alison Watt Online Watercolor Workshop

This workshop is for **All LEVELS**  
PC/Mac/Smartphone and internet access needed.

**Dates: Monday, Wednesday, & Friday,  
October 24, 26, & 28, 2022 9:00 AM -3:00 PM daily**

**Fee: \$285 MVAL Members /\$315 Non-Members.**

**A deposit** of \$100 or full amount must be submitted with registration. **Remainder due** on October 10.

**No Refunds** after October 10, 2022.

A supply list will be provided upon registration.

**Questions:** [Lzcarrillo@hotmail.com](mailto:Lzcarrillo@hotmail.com)

### Registration

(Check payable to Mid-Valley Arts League)



Name \_\_\_\_\_

Address \_\_\_\_\_

City Zip \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

**Alison Watt Online Workshop: October 24, 26, & 28, 2022  
(Monday, Wednesday, & Friday) 9 AM – 3PM**

Enclosed is my check for: \$ \_\_\_\_\_

Check one:  MVAL Member  Non Member

Mail to: MVAL, c/o Liza Carrillo, 418 Charleston Drive,  
Claremont, CA 91711

## Alison Watt

Website: [www.alisonwatt.ca](http://www.alisonwatt.ca)

eMail: [art@alisonwatt.com](mailto:art@alisonwatt.com)

*Alison Watt is a contemporary painter and author who lives on the Salish Sea, the island rich waterway that lies between Vancouver Island and mainland coast of British Columbia, Canada. In her acrylic and mixed media landscapes she strives for complex surface and luminous color.*

*She has been teaching for 25 years, recently online, offering courses in acrylic and mixed media, as well as watercolor journaling.*

*She says: A painting practice isn't just about building skills to make good work. Whether we have a studio or work at our kitchen table, art is there to offer us solace, immersion, the challenge of new subjects, new materials. and connection. In making art we instantly connect to the body of the art through time and to other living artists. You can find out more about her courses and her work on her website and watch her videos on YouTube.*

*Watt's work has been shown in exhibitions and galleries in the Pacific Northwest and has appeared in the books, Carmanah: Artistic Visions of an Ancient Forest and Art for An Oil Free Coast.*

