

MVAL

Art & the Artist

October 2022

Newsletter for the Mid-Valley Arts League



Lynne Fearman

Demonstration by Alison Watt
Meeting In-Person or via Zoom!

MID-VALLEY ARTS LEAGUE 2021- 2022 BOARD OFFICERS

President ----- John Byram
 First Vice President (Programs)
 ----- Elana Goldheimer
 Second Vice President
 (Membership) ----- Mary Archibald
 Third Vice President
 (Exhibits) ----- Dilmit Singh
 Treasurer ----- Lee Johnson
 Recording Secretary
 ----- Carmen Daugherty
 Corresponding Secretary
 ----- Pam McGuern
 Parliamentarian -----

Membership in MVAL:
 Membership is open to artists and art lovers
 of all levels.
 If you are interested in membership
 contact:

WEBSITE:

Midvalleyartsleague.org

or MVAL.org

Website Editor: Jennifer Zapp

Art & the Artist Editor:
 Joyce Nunamaker

All articles and announcements
 to be included in the
 Art & the Artist may be sent to:
 253 Windsong Court
 Azusa, CA 91702
 626-334-1646
 E-mail: janunamaker@verizon.net

Deadline is the first Wednesday of the
 month. If you have an event that takes
 place in the first half of the month - be
 sure to get it in the month before.

PRESIDENT'S MESSAGE

Hello Fellow Artists!

"Your principles can't be extinguished unless you snuff
 out the thoughts that feed them, for it's continually in
 your power to reignite new ones...."

— Marcus Aurelius from Meditations

It seems like years we have been apart, but the wonderful "idea" of artists meeting
 together that is Mid-Valley, is finally able to restart —
 BOTH in person AND live on Zoom!

Big thanks to John Taggart and our technical consultant, Don Repella, for helping
 make it happen.

We are looking for new Directory and Publicity Chairpersons to replace Julie Crouch
 and Mark Wood, respectively, who have done such a stupendous job for MVAL.
 So, if you are interested, please let a board member know and we can explain exactly
 what's involved.

Alison Watt is lined up to be our demonstrator for October, and Tom Francesconi
 for November's evening meeting — how exciting! Finally, we will have our traditional
 special program of Member Artists to share with us in December. I'm looking forward
 to sharing such amazing programs with you at the Members' monthly meeting.
 Until then

Cheers,

John Byram
MVAL President



MEETING DATES

OCTOBER GENERAL MEETING

IN PERSON and ZOOM MEETING

OCTOBER 19th, 2022- 7:30 PM
 Church of the Good Shepherd
 400 W. Duarte Rd., Arcadia, CA 91007-6819

NOVEMBER BOARD MEETING

November 2nd, 2022- 7:00 PM
 Virtual Meeting via Zoom.

SEPTEMBER MEETING

ALISON WATT

No self judgement, just pure absorption; the joy of colour and the feel of the crayon or felt pen or brush on the paper; the power of creating a world all your own.

It's important to get back in touch with that experience, to take a playful approach to learning art. As children we can work intuitively, as adults we can layer on top of that what we can learn about how art works: line, form, composition, colour, value, mark-making, surface... Something I call informed intuition.

Working in this way gives us the opportunity to experiment with and really get to know our materials before we head into the nuts and bolts of art-making. We can relax, consult our intuitive knowledge and learn to trust it. Ideally this happens all along the way, making the painting: you make a change, a mark, a brush stroke, add a colour or a value, then you pause and consider the next step.

In fact-- the process for me is a constant interchange between intuition and more directive, intentional decisions.

Making art is usually solitary and sometimes lonely. I have found a lively community in my students and I try to nurture a sense of "place" for them in my courses. As a self-taught artist who has been painting for over thirty years, I can relate to both the dream of making the paintings we see in our minds, and the frustrations of mastering the tools, techniques, and mindset to achieving them.



IN PERSON MEETING

Come and reunite with members in person, it's been a long time!

Church of the Good Shepherd
400 W. Duarte Rd., Arcadia, CA 91007-6819

ZOOM MEETING

For those preferring to stay home.

You will receive an email before the meeting telling you how to log on ZOOM to attend.

The meeting will be open for log-in starting around 7pm.



ARTIST OF THE MONTH

The schedule for this program is a combination of In-Person and Virtual displays.

This format will allow those who cannot attend the meetings to share their art with us. Two Categories: Themes and Overall Winner (any subject). When the display is online, there will be no in-person show, and vice versa.

Artwork may be just matted or framed.

For those who need assistance with their photos, Cris Gordy makes herself available for Tech Talks via Zoom on Wednesdays, 10:30-11:30 am. Join her, it is free.

Contact: crisgordywatercolors@gmail.com. - ph 213-200-9398.

Guidelines for the online shows will be published soon.

Themes

In-person	October, Water
In-person	November, Still Life
Online	December, Cold Comfort

2023 WIP - to be announced later.

Chris Gordy - Chairman

MID-VALLEY ARTS LEAGUE 2022 VIRTUAL MEMBERS EXHIBIT "COLOR COMFORT"

Exhibit Dates: September 22 – November 5, 2022

View the show on MVAL Web-site!

WORKSHOP INFORMATION

MVAL Upcoming 2022 and 2023 Online Workshops:

Mark your calendar and join us!

George Politis - will be re-scheduled to 2023.

Alison Watt - DATE CHANGED

February 20, 22, & 24, 2023 (Monday, Wednesday, & Friday)
Watercolor

Tom Francesconi

December 5, 7, & 9 (Monday, Wednesday, & Friday)
His demonstration will be on Wednesday, November 16.

STUDIO2310 - MARK WOOD

Studio2310 is Moving Out

Studio2310 is moving at the end of December.

Many art related items have been accumulated over the past 14 years.

There are boxes and boxes of art related books and magazines and furniture.

An end of December sale is planned but until then sales and donations are on a first come bases.

Give me a text or call to let me know you'd like to come by to look around.

I am at the Studio daily including limited hours on weekends.

Mark Wood
Studio2310
2310 Central Avenue, Unit 13
Duarte 91010
626.825.0464

ARTIST NEWS



LIGHT & LITERATURE

ALTADENA PUBLIC LIBRARY
1600 E. MARIPOSA ST.
ALTADENA, CA 91001

PLEASE JOIN US FOR THE ARTIST'S RECEPTION
SATURDAY, OCTOBER 8, 2022
1:30PM-3:00PM

AVAILABLE FOR PURCHASE

- ORIGINAL OILS & WATERCOLORS
- GREETING CARDS
- HANDMADE GIFT TAGS

Dilmit Singh

"... and then I have nature and art and poetry, and if that's not enough, what is enough?"
-Van Gogh

WEBSITE  INSTAGRAM  WORKSHOPS 

2022-2023 Board of Directors

President: John Byram
First VP (Programs): Elana Goldheimer
Second VP (Membership): Mary Archibald
Third VP (Exhibits): Dilmit Singh
Treasurer: Lee Johnson
Recording Secretary: Carmen Daugherty
Corresponding Secretary: Pam McGuern
Parliamentarian: Open

Committee Chairs:

Artist of The Month: Chris Gordy
Editor, Art & The Artist: Joyce Nunamaker
Mailing, Art & The Artist: Fred McCall
Archivist: Jan Wright
AV/Technology: Roy Genger
Directory: Julie Crouch
Finance: Open
Gallery: Jeannine Savedra
Guest Hostess & Introductions: April Drew Foster
Inspirations: Mary Gilman
Paint-Outs: Lynne Fearman
Photographer: Linda Salinas
Property: Rick McGuern
Publicity: Mark Wood
Raffle: Bonnie Pierson
Refreshments: Tomiko Higuchi & Jim Brestcher
Masters in the Park: Mel Peters
Scholarship: Kate McDaniel & Serena Refoua
Scholarship Auction: Laurie Gillis
Video Library: Phyllis Kato
Website: Kimberly Michael & Jennifer Zapp
Workshops: Carol Ling & Liza Carrillo

ON THE COVER

We usually get to paint at a house in Sierra Madre. It's a fun time of year!
This year, we are off to Fallen Leaf Farm. the drought did cut down on pumpkin productivity.

- Lynne Fearman

NEW MEMBERS

Joan Whitmore Alhambra, CA



Joan has a degree in art.
She is interested in mixed media and also works in watercolor and acrylic pours.
Her other hobby is photography.
She is joining MVAL for more educational inspiration.

Jeni Bate Salton Sea, CA



Jeni has taken evening classes, studied at teaching studios and many workshops.
She has been painting seriously since 2001 and selling her art since 2002 at galleries, art shows and alternative spaces.
She also does local murals and commissioned art.
Jenny also creates handmade cards and writes poetry and sells books of poetry and paintings.
She likes to work in refractured watercolor, acrylic and oil.
"I paint the skies with peace and passion because that's the way they paint me."

"My husband and I breed hognose snakes, helping with that business takes up most of my spare time. Occasionally I get read."

Jeni is joining MVAL for meeting and networking, seeing demos, display and sales opportunities.

THURSDAYS IN PLEIN AIR

To confirm or ask questions call Call Lynne Fearman (626) 355-7562 cell: (626) 487-6566
Bring lunch or take a chance there will be a place to buy.

Meet at the designated location at 9:00am and paint till 12:00.

At noon we gather for lunch and sharing of sketches and paintings. After lunch is the critique/share.

The critiques are informative and instructional. In the event of rain the paint-out will be canceled.

We have done our best to give accurate directions. Since we are based in San Gabriel, our directions stem from there.

It is each person's responsibility to carry a map, GPS, or double check directions

If you are on Facebook, join the

"Thursdays in Plein Air" Facebook Page.

The Facebook page will keep you updated on any changes and connected with the other painters!

OCTOBER 13th - CHARLES S. FARNSWORTH PARK,

ALTADENA. 568 E. Mount Curve Ave.

North of Altadena Dr. on Lake Ave.

Start by meeting at the northeast corner of the park
near the community center. Bring lunch.

OCTOBER 20th - DESCANSO GARDENS, LA CANADA

Take 210 Fwy to Angeles Crest exit in La Canada,
turn left at end of ramp to Foothill Blvd, turn right to
Verdugo Blvd, Turn left to Descanso Drive, proceed
to garden entrance on your right.

There is an entrance fee. We will meet at the patio for lunch.

OCTOBER 27th - AUTUMNLEAF FARM

1145 ORANGE AVE. MONROVIA .

Michelle Lofthouse has graciously opened her farm
to us this year. She says the pumpkins are a bust this year,
but her cornstalks are doing well, and her skeleton horse
and buggy, and many more scary treats for us to paint and
draw. We will be eating our lunch there.

Bring a lunch! Warning! No Parking on the south side of the
street on Thursdays!

NOVEMBER 3rd - ELYSIAN FIELDS, LOS ANGELES

1000 Elysian Park Dr. LA 90012.

Pasadena Fwy to Academy off ramp. Follow road up to
Elysian Park Dr. make right and follow signs to Elysian
Fields, the baseball diamond. the park is just beyond
the baseball field.

NOVEMBER 10th - HOME OF MOLLY MUNGER

450 S. SAN RAFAEL, PASADENA.

Limited space for 10 artists. Reserve your place!
(not a confirmed location yet!)

Call: 626-355-7562 leave a short message.

Who, what, where. I'll put you on the list.

NOVEMBER 17th - EATON CANYON

1750 N. ALTADENA DR. PASADENA 9100.

Meet at 9:00 paint anywhere but meet under the oaks
where the picnic tables are for lunch at 12:00.

NOVEMBER 24th - Happy Thanksgiving!!!

NEWSLETTER INFORMATION

NEWSLETTER DEADLINES

Our board meeting is the first Wednesday of the month, get
your newsletter posts to me by that day. Exceptions are for
new information that was discussed in the board meeting,
That information needs to be submitted as soon as possible
after the meeting.

If you have an event, like a show opening, at the beginning
of the month, be aware that the news letter comes out
the second week of the month. Try to submit shows and
reception the month before so that information is out
before the event.

NEED COVER ART

As always, I am needing cover art for the Art and the Artist.
Cover art can be a finished painting, a class study or even
a page from a sketchbook. You can scan it or take a digital
photo with your camera or phone. Square it up as much as
you can, but don't worry about it being perfect, I can fix that!

Joyce Nunamaker

Editor Art and the Artist

janunamaker@verizon.net

Tom Francesconi Online Watercolor Workshop

December 5, 7, & 9, 2022

Painting Fresh and Expressive Watercolors

Emphasis of this workshop will be on creating stronger paintings through a better understanding of value relationships, color, and design. Tom will share his thoughts about these topics and how they can play a more meaningful role in our paintings.

During the workshop, Tom will share specifics of how he creates loose, interpretive watercolors that entertain and delight the eyes. Painted examples will support the information being discussed. Tom endeavors to create a workshop atmosphere that is relaxed with a focus on exploration and discovery.



Subjects for this workshop may include a landscape, urban scene, water scene and the figure.

Each morning begins with a discussion about the day's topic, followed by a full demonstration where Tom always encourages lots of questions. Afternoons are reserved for student painting time during which Tom will be available for guidance and questions. Every day will end with a class critique.

Bring your smile.



Tom Francesconi Online Watercolor Workshop Painting Fresh and Expressive Watercolors

This workshop is for ALL LEVELS

PC/Mac/Smartphone and internet access needed.

Dates: Monday, Wednesday & Friday, December 5, 7, & 9, 2022 9:00 AM - 4:00 PM daily

Fee: \$295 MVAL Members /\$325 Non-Members.

A deposit of \$100 or full amount must be submitted with registration. **Remainder due** on November 20.

No Refunds after November 20, 2022.

A supply list will be provided upon registration.

Questions: carol_ling@sbcglobal.net

Registration

(Check payable to *Mid-Valley Arts League*)

MVAL

Name _____

Address _____

City Zip _____

Phone _____

Email _____

**Tom Francesconi Workshop: December 5, 7, & 9, 2022
(Monday, Wednesday, and Friday)**

Enclosed is my check for: \$ _____

Check one: ☐ MVAL Member ☐ Non Member

Mail to: MVAL, c/o Carol Ling, 475 Lasheart Dr., La Canada, CA 91011

Tom Francesconi

AWS, NWS, TWSA

Website: www.tomfrancesconi.com

E-mail: info@tomfrancesconi.com

Tom Francesconi's paintings have become nationally recognized for their unique, interpretive style, flavored with a richness of color and decisive brushwork. Tom studied watercolor at the American Academy of Art in Chicago.

Tom Francesconi has earned signature membership in numerous watercolor societies, including the American Watercolor Society, National Watercolor Society, Watercolor West, Rocky Mountain National Watermedia and the Transparent Watercolor Society of America, of which he has been honored with 'Master' status. Tom has served as President of the Transparent Watercolor Society of America.

His paintings have been exhibited in many national and international exhibitions which include the 2020 NWS: 100 Years Exhibition and the Shenzhen, China International Biennial Exhibition. He has received

over 35 national awards. In 2021 Tom received an Honorable Mention Award for his painting, "Unleashed", published in The Best of Watercolor: Winners From the 22nd Annual Splash Competition.



Tom has written articles for Watercolor Artist, Watercolor Magic and Watercolor magazines and his work has been published in eight books on American Watercolor. Along with his weekly classes in Chicago, Tom has conducted watercolor workshops throughout the United States, Canada, France, Italy and Croatia.

"As an artist, I have chosen to express myself through the language of paint. Stirred emotions are the essential beginnings of that language. It is my hope that my paintings will echo that emotional response and the viewer will share in my spirited statement."



Alison Watt Online Workshop

February 20, 22, & 24, 2023

Just Add Water – Water Media Workshop

This workshop is designed to help you explore different water media to expand your painting possibilities. By adding a few new materials and techniques to our toolbox, we'll loosen up and add elements of drama and surprise to our paintings.

Using the water media materials, we will explore techniques which include using wet-in-wet (washes and flow), mixing media (watercolor, inks, gouache) splattering, spraying, using resist, mark making with oil pastel, watercolor Pencil, crayon, and India ink, printing, collage, and texture.

Day 1 The Way of Water: working with water to create that gorgeous first layer. Subjects will be: Plant Material (fresh or from photos: leaves, flowers, berries, seeds),



Landscape (from photo of your choice).

Day 2 Building dramatic layers: working back into the paintings we prepared yesterday, we will explore resist, splattering, spraying, and mark making. Final layers will involve adding glazes, dark values and gouache to paint out negative spaces.

Day 3 Pushing into abstraction: from a starter image of your choice we will use all of the techniques of the first two days, as well as printing and collage, and texture to move towards abstraction.



Alison Watt Online Watercolor Workshop

This workshop is for **ALL LEVELS**
PC/Mac/Smartphone and internet access needed.

Dates: Monday, Wednesday, & Friday,
February 20, 22 & 24, 2023 9:00 AM -3:00 PM daily

Fee: \$285 MVAL Members /\$315 Non-Members.

A deposit of \$100 or full amount must be submitted with registration. Remainder due on October 10.

No Refunds after October 10, 2022.

A supply list will be provided upon registration.

Questions: Lzcarrillo@hotmail.com

Registration

(Check payable to Mid-Valley Arts League)

Name _____

Address _____

City Zip _____

Phone _____

Email _____

Alison Watt Online Workshop: February 20, 22 & 24, 2023

(Monday, Wednesday, & Friday) 9 AM – 3PM

Enclosed is my check for: \$ _____

Check one: ☐ MVAL Member ☐ Non Member

Mail to: MVAL, c/o Liza Carrillo, 418 Charleston Drive,
Claremont, CA 91711

Alison Watt

Website: www.alisonwatt.ca

eMail: art@alisonwatt.com

Alison Watt is a contemporary painter and author who lives on the Salish Sea, the island rich waterway that lies between Vancouver Island and mainland coast of British Columbia, Canada. In her acrylic and mixed media landscapes she strives for complex surface and luminous color.

She has been teaching for 25 years, recently online, offering courses in acrylic and mixed media, as well as watercolor journaling.

She says: A painting practice isn't just about building skills to make good work. Whether we have a studio or work at our kitchen table, art is there to offer us solace, immersion, the challenge of new subjects, new materials. and connection. In making art we instantly connect to the body of the art through time and to other living artists. You can find out more about her courses and her work on her website and watch her videos on YouTube.

Watt's work has been shown in exhibitions and galleries in the Pacific Northwest and has appeared in the books, Carmanah: Artistic Visions of an Ancient Forest and Art for An Oil Free Coast.

